

YOUR EMPLOYEES WILL LOVE YOU FOR THIS! By Kaye Ivanoff, RN

As a Human Resources Professional or Company Manager, you know that the “buzz “in the workplace today is all about “Employee Wellness”. The health and wellness of employees is an issue that is very important to the bottom-line of every company, whether it employs two people or thousands. A new survey shows that programs that focus on disease prevention, managing specific diseases and helping employees with health issues such as weight management and smoking cessation, is by far the most cost effective way to keep healthcare costs in check.

Influenza vaccination of employees in the workplace is a simple yet significant way to reduce both healthcare costs and productivity losses associated with influenza illness. Studies of adults aged <65 years have reported that vaccination can reduce both direct medical costs and indirect costs from work absenteeism: 13%--44% in healthcare provider visits, 18%--45% in lost workdays, 18%--28% in days working with reduced effectiveness, and 25% in antibiotic use for influenza-associated illnesses. Providing influenza vaccinations for your employees can translate into significant cost savings for companies of all sizes!

Many companies choose to offer influenza vaccination to their employees at no charge as a benefit. This practice encourages a higher participation rate, thus decreasing the likelihood that influenza and its fallout will wreak havoc on their company. Others choose to offer the option of payroll deduction, Health Savings Accounts or Flexible Spending Accounts, perks that employees also greatly appreciate. Even those companies that offer the vaccinations at full employee expense show a commitment to providing a quick, easy and convenient way of getting their vaccinations, rather than the greater expense of time and money spent getting them elsewhere. And who wants to sit in a room full of sick people waiting for hours at their doctor’s office to just get a flu shot?

Whether your company pays for flu vaccinations for your employees or just arranges for an onsite Company Flu Clinic at your workplace, your employees will definitely appreciate you for the convenience of this opportunity and your demonstrated commitment to their health and wellness!

Please click on the following link for more information about Company Flu Clinics from the vaccination specialists at SHOTS, etc. <http://www.shotsetc.com/companyfluclinics.html>

This article was written by Kaye Ivanoff, RN of SHOTS, etc., a Nashville-based provider of all vaccinations needed by adolescents and adults to stay healthy for work or school requirements, world travel and everyday life. For more information about services available for companies and individuals, please call 615-469-7413 or visit www.SHOTSetc.com. SHOTS, etc. is located at 7648 Hwy 70 So. Ste 15, Nashville, TN 37221.

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